

# MENU

## ALL DAY MENU

- Muesli, yoghurt & fresh fruit selection.....£5.50
- English bacon sandwich.....£4.00
- Avocado, cream cheese, tomato & Pesto on bagel.....£7.00
- Scrambled eggs, spring onion & feta cheese on toast.....£7.00
- Toast with butter and jam .....£2.00
- Smashed avocado on toast.....£5.00
- Soup of the Day with bread (ask staff for details) ....£5.20

## ADD SIDES

- Bacon, avocado, salmon, cheese, tomatoes.....£1.60
- Swap toast for bagel.....£1.00
- Gluten free bread add.....£1.00

## SANDWICHES/ PANINIS

Fresh sandwiches and paninis prepared daily are available to have in or takeaway. Please ask our staff for more information.

## BAKED GOODS

Selection of freshly baked goods available daily. Check the counter or ask our staff.

## DESSERT

- Affogato.....£3.50  
Vanilla ice cream, served with Sacred espresso
- Cheesecake or Brownie.....£ 5.00  
Served with Ice Cream or Cream

## SOFT DRINKS

- Non Alcoholic
- Coke/Diet Coke Can.....£1.85
- Coke/Diet Coke Bottle.....£2.20
- San Pellegrino - Various Flavours.....£2.00
- Coconut Water.....£2.70
- L&P (From New Zealand).....£2.50
- Red Bull.....£2.50
- Ginger Beer.....£2.10
- Orange Juice.....£2.10
- Apple Juice.....£2.10

## SNACKS

- Toasted bread & olive oil.....£2.00
- Bowl of fresh olives.. .....£3.00

## PLATTERS

- **Hummus Platter.....£7.00**  
With warm whole wheat pitta bread, caramelised onion chutney, cucumber sticks, and fresh olives
- **Bruschetta selection.....Reg £8.95/ Lrg£15.95**  
Toasted bread with a selection of homemade spreads: sundried tomatoes spread, fresh tomato, basil pesto, olive oil and garlic. The perfect nibbles to accompany wine!

- **Cheese Board .....Reg £9.95 / Lrg £17.95 (2-3 ppl)**  
A selection of high quality cheeses including Mozzarella, Parmigiano Reggiano, Brie, Goats Cheese or other cheeses available on the day. Served with honey, caramelized onion chutney and bread

- **Antipasti Board .....Reg £8.95/ Lrg £15.95 (2-3 ppl)**  
Grilled tomato, olives, smoked salmon with lemon, sundried tomatoes, cured meats and mature pecorino cheese, caramelized onion chutney and toasted bread

- **Charcuterie Board ...Reg £8.95/ Lrg £15.95 (2-3 ppl)**  
A selection of cured meats including Spanish grilled Chorizo, Salami Milano, Parma ham and other cured meats available on the day. Served with bread, olive oil and balsamic vinegar

## SACRED TEA & COFFEE

For the full range of coffee, speciality tea served by the pot and other hot drinks available.

Please see black board or ask our staff for options.

## SPECIALITY COCKTAILS

Fancy a hot or cold drink with something a little extra? Check out our cocktails menu for the speciality cocktails. Strictly one for the adults!

A discretionary table service charge of 12.5% is added to your bill